

BILLS

COST OF LIVING

FOOD

SUPPORT & ADVICE

DEBT

FOR ADVICE AND SUPPORT IF THINGS ARE TOUGH

We know times are still tough for people in Portsmouth, and many are impacted by high costs. There is lots of assistance to:

Check what financial support you're entitled to

Find out how you can keep your costs down

Get advice to help you get out of debt

Visit our online cost of living hub, a one-stop source of local advice and support, at **portsmouth.gov.uk/costofliving** or call **023 9284 1047**. The helpline is available from 9am-5pm on weekdays (closes 4:30pm Fridays).

NEED MONEY HELP?

A new crisis and resilience fund will launch April 2026, replacing the government's household support fund. It will provide preventative support to individuals and communities, as well as helping low-income households facing a financial crisis. Find information on our dedicated webpage: **www.portsmouth.gov.uk/crf**

MORE HELP ONLINE

Visit our online cost of living hub for information on how you can get support with food, bills, and essentials, saving money and dealing with debt, housing, health and wellbeing, and jobs and skills.

You can also find support for families, help for local businesses, and ways you can help your community.

 **portsmouth.gov.uk/costofliving**

YOUR LOCAL HOUSING OFFICE

If you're a council tenant, your housing officer has access to specialist money advice to help make sure you're getting all the money you're entitled to:

 **portsmouth.gov.uk/contact/#housing**

ADVICE PORTSMOUTH

You can get help with a range of money matters, including debt advice, benefit entitlements and applications, household bills and budgeting, consumer issues and employment rights:

 **adviceportsmouth.org.uk**  **023 9279 4340**

SWITCHED ON PORTSMOUTH

As a Portsmouth resident, you can access a number of ways to save energy, money and carbon:

 **switchedonportsmouth.co.uk**  **freephone 0800 260 5907**



023 9284 1047