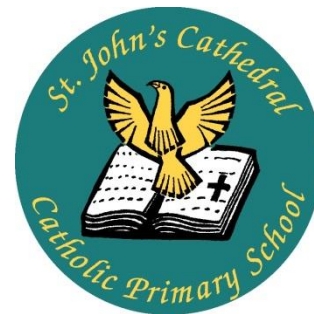


**ST. JOHN'S CATHEDRAL CATHOLIC PRIMARY SCHOOL  
(WITH NURSERY)  
Cottage View  
Landport  
PORTSMOUTH  
PO1 1PX**



**Head Teacher: Mrs. L. Park BA (Hons), PGCE, MA**

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Dear Parents and Carers,

As a Catholic school community, we are committed to living out our Gospel values of compassion, dignity and service to others. We know that many of our pupils show remarkable care and kindness within their families, and we want to ensure that any child with caring responsibilities receives the support they need to thrive both at home and at school.

A **young carer** is a child or young person who helps to look after a family member who may have a disability, long-term illness, mental health condition, addiction, or other additional needs. Young carers may help in many different ways, including practical tasks, emotional support, looking after siblings or helping to manage daily routines.

Many children and families do not realise that these responsibilities mean a child is considered a young carer. While caring can be a positive experience, it can sometimes affect a child's wellbeing, attendance, learning, friendships, or opportunities to enjoy childhood activities.

We are keen to identify and support any young carers within our school community. By understanding a child's circumstances, we can work with families to provide appropriate support, which may include:

- A trusted adult in school to talk to
- Emotional wellbeing support
- Opportunities to participate in young carers' activities and support groups
- Signposting to local support services

If your child helps to care for a parent, sibling, grandparent, or another family member, we encourage you to let us know by completing the slip attached and returning it in an envelope marked 'For the attention of the Head Teacher.' Any information shared will be treated sensitively and confidentially.

Yours faithfully,

Mrs L. Park  
Headteacher

# Young Carer Registration Return Slip

Please complete and return this form to the school office in a sealed envelope marked '*For the attention of the Head Teacher.*'

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**Child's Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

## Caring Responsibilities

My child helps to care for:

- ☐ Parent/Carer
- ☐ Brother/Sister
- ☐ Grandparent
- ☐ Other Family Member (please specify): \_\_\_\_\_

## The person they care for has:

- ☐ Physical disability or illness
- ☐ Long-term medical condition
- ☐ Mental health condition
- ☐ Additional needs/disability
- ☐ Substance misuse/addiction
- ☐ Other (please specify): \_\_\_\_\_

## How does your child help? (Tick all that apply)

- ☐ Looking after brothers or sisters
- ☐ Household chores
- ☐ Helping with personal care
- ☐ Providing emotional support
- ☐ Helping with medication or appointments
- ☐ Other: \_\_\_\_\_

## Support

- ☐ I am happy for my child to be identified on the school's Young Carers Register and to receive appropriate support.

## Parent/Carer Consent

I confirm that the information provided is accurate to the best of my knowledge. I understand that it will be treated sensitively and used to help the school provide appropriate support for my child.

**Parent/Carer Signature:** ..... **Date:** .....

Thank you for helping us ensure that all young carers in our school community receive the support they need. Information provided will be handled in accordance with the school's data protection and safeguarding procedures.