

3 Choice Menu
Autumn Winter 2025
2026

WEEK ONE

3rd November
24th November
15th December
19th January
9th February
9th March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option One	Plant Balls in Tomato Sauce with Rice	Peef Lasagne with Garlic Bread	Roast Chicken, Stuffing, Roast Potatoes and Gravy	NEW Chicken Biryani	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
Option Two	Autumn Vegetable Lasagne	Beetroot and Lentil Burger in a Bun with Potato Wedges	Vegan Vegetarian Wellington with Roast Potatoes and Gravy	NEW BBQ Sausage Pasta with Garlic Bread	Cheese and Bean Pasty with Chips and Tomato Sauce
Option Three	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the day
Dessert	Cheese and Crackers	Apple crumb Cake	Fruit Medley	Jelly and Mandarins	Syrup Sponge and custard

WEEK TWO

10th November
1st December
5th January
26th January
23rd February
16th March

Option One	Cheese and Tomato Pizza with Wedges	Spaghetti Bolognise	BBQ Chicken or Lemon and Herb Quorn with Seasoned Potatoes and Sweetcorn Salad	Meatballs in Tomato Sauce with Rice	Fishfingers with Chips & Tomato Sauce
Option Two	Mild Mexican Chilli with Rice	Vegan Spaghetti Bolognise	Tomato Pasta	Creamy Chickpea and Coconut Curry with Rice	Cheese Whirl with Chips and Tomato Sauce
Option Three	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Vegetables of the Day	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	NEW Gingerbread Cookie	Chocolate Brownie with Chocolate Sauce	Fruit Salad	Sticky Toffee Apple Crumble with Custard	Vanilla Shortbread

WEEK THREE

17th November
8th December
12th January
2nd February
2nd March
23rd March

Option One	Maccaroni Cheese	NEW Chicken 50% Enchilada Bake with Paprika Wedges	Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
Option Two	NEW Chefs Special Lentil Curry with Rice	All day vegetarian Breakfast Jacket Potato with cheese beans or Tuna	Vegan Sausage and Roast Potatoes and Gravy	Caribbean Stew with Golden Rice	Red Pepper Frittata with Chips & Tomato Sauce
Option Three	Tomato Pasta	Vegetables of the Day	Tomato Pasta	Jacket Potato with Cheese beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
Dessert	Oaty Cookie	Pear Crumble with Custard	Fruit Salad	NEW Jamaican Ginger Cake with Custard	Cornflake Tart

MENU KEY



Added Plant Protein



Wholmeled



Vegan



Chef's Special

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.